



# Propel your career in **sport**

Prepare yourself to work in the Sport and Exercise industry with our innovative Soccer and Degree programme.



In collaboration with:

University Centre   
**BISHOP BURTON**

# SFS Soccer and Degree

Designed specifically for those who want to play alongside academic study, the Soccer and Degree programme provides the perfect balance between sports and education. We have collaborated with University Centre Bishop Burton (UCBB), who offer a range of degree programmes with various specialisms available for you to apply for. You can pursue your passion for soccer whilst gaining a qualification which will prepare you for a successful future.

## Choose from:

BSc (Hons) Sport and Exercise Therapy and Rehabilitation

BSc (Hons) Sport, Coaching and Development

BSc (Hons) Strength and Conditioning



## Validating Partner

UNIVERSITY OF LINCOLN



“The people are super nice and the football atmosphere is something else. I’m loving it!”

**Felipe**  
British Columbia, Canada

## Discover more about the programme

With a choice of degree specialisms, our programme is designed to provide a comprehensive pathway for those who aspire to pursue a career in both sports and academics. A unique opportunity to play full-time soccer whilst studying.

## Why choose us?

Finding the right place to study for your degree is about more than just the programme and facilities; it's important to find a community where you can thrive. Thanks to our exciting collaboration with UCBB, we are able to offer a fantastic opportunity for students to play full-time soccer alongside an academic qualification. You will be training, working and studying alongside like-minded players who share the same passion.

If you're considering a career within the sports and exercise science industry, then this programme is an excellent choice. The nature of the practical courses offered at UCBB really give the perfect route to progress straight into industry after graduation, with some incorporating accreditation so that on completion students can move fully qualified, directly into employment. UCBB strive to develop your industry knowledge and professional skills through hands-on and practical experiences that will prepare you for your future career.



## Discover more about the programme

### Access to outstanding facilities

You'll be based in Scarborough training and playing at our impressive Flamingo Land Stadium and undertake the academic study elements of the programme at UCBB's Bishop Burton campus, just outside Beverley. Both locations provide access to a wealth of incredible facilities including gym, pool, fitness suite, Sport and Exercise Therapy Clinic and UCBB's Human Performance Laboratory. You will also get to play every day in the stadium facility.

### High-Level Coaching and Games programme in a U23 League

A key highlight of the programme is the opportunity to play in front of professional scouts and have access to advanced facilities and equipment to enhance your performance. This will provide you with a taste of what it's like to play at a professional level and give you an edge in for your future soccer career.



**Kristaps**  
Riga, Latvia



"Great training sessions with top coaches!"

### Small group sizes

We have limited places for athletes per year to ensure you receive a personalised experience. Our small class sizes provide you with an enhanced learning environment and the benefit of one-to-one and small group learning, discussion, and feedback.

Smaller group sizes also maximises your game time, enabling you to play and train more than 10 hours a week. This means the SFS coaches, many of whom are ex professional footballers can work closely with you to develop you individually as a player and support you to reach your full potential on and off the field.

### Learning style

All the UCBB degree programmes are delivered with a variety of learning and teaching approaches. Each module will include theory lectures which deliver core content to provide underpinning knowledge. To complement these, you'll have group seminars and practical sessions to reinforce theoretical concepts. UCBB focus on facilitating a student-centred approach to enhance your independent learning that takes place outside of the classroom.

They invite inspirational guest speakers to provide the most current, sports and exercise science industry relevant perspectives and provide students with practical opportunities in real life scenarios. Appreciating the importance of these experiences to help you develop, UCBB's Sports and Exercise Science programmes have been developed to provide students with a well-rounded understanding of the industry, whilst allowing specialisms in particular areas of interest.



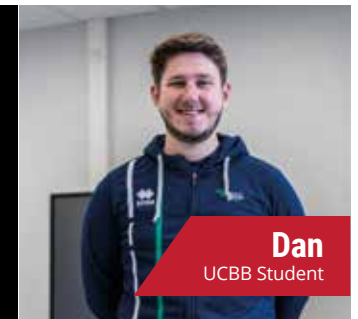
"The ability to get hands-on is fantastic, we have access to equipment and facilities that professional clubs are using and get industry experience whilst studying."



**Phoenix**  
UCBB Student



"I love that we're taught in small groups and not in a huge lecture theatre. It means we get to know the teaching staff really well."



**Dan**  
UCBB Student

# Learn from experts

Our team and the professionals at UCBB have real industry experience, sharing their expert knowledge, understanding and specialist skillsets on the pitch and in the classroom. You will benefit from a wealth of experience, links to professional UK football clubs and knowledge of cutting-edge developments in the field thanks to the combined experience of the expert SFS International team and the UCBB faculty.



**Dr Craig Fairbairn**  
UCBB Lecturer in Sport and Exercise Science

**“I am proud to be part of the team that is empowering the next generation of sports professionals. I love that I get to know each and every student and there is such a strong sense of community at UCBB”**

Boasting a PhD in Performance Analysis from the University of Hull, Craig is UCBB's resident specialist in sports performance analysis. Craig has had a hugely exciting career, working with premier level football club Hull City AFC and rugby team Hull Kingston Rovers. He has also spent time working with New Zealand Rugby League at an international level, during the team's time playing in the UK and France.



**SFS U23 Coach**

## Denny Ingram

**“My experience as a professional player gives me real-world insight into football and what it takes to succeed. I find supporting talented young players to realise their potential hugely rewarding.”**

Denny is a former professional player with over 12 years' experience playing in the Football League with Hartlepool United as well as spells in the Conference National with Scarborough, Halifax Town, Forest Green Rovers and Northwich Victoria.

Denny is a UEFA B level coach and has a Sport Coaching Degree. He heads up the SFS U23 side and is involved in recruitment of international players.

## What's it like to study on the programme?



**Joseline**  
Texas, USA

## Hear from UCBB Student Ben

**“My dream is to be working in football – specifically coaching - and UCBB is helping me to discover and ensure I have what's required to make it in my chosen field.”**

Ben chose to study at UCBB because he wanted to specialise in coaching. He enjoys having access to top-class facilities on campus and a huge benefit for him is being able to coach as part of the programme. He particularly likes the small group sizes, which means he has great access to the expert team being able to interact with them regularly, tapping into their knowledge of the sport and exercise science industry. Building on the expertise he has developed on his degree programme Ben has acquired his UEFA B licence in coaching. He coaches within Bishop Burton College's prestigious Football Academy and leads the non-academy training. As part of an internship working with successful Georgia team Dinamo Tbilisi, he also video scouted players for their first team, working with their scouting department to look for players capable of playing at a professional level.

## Meet Joseline

**“Playing football in England was a dream come true - hopefully, someday, I can come back to play professionally. My experience helped me to challenge myself more, believe in myself and has given me the confidence to embrace new opportunities and go after my goals.”**

International student Joseline from El Paso, Texas chose the programme as she wanted the chance to play and study in the UK. She really enjoyed the close community the students developed and how supportive the team were in helping her to realise this a once-in-a-lifetime experience.

She loved the one-on-one training sessions with SFS coaches, gym sessions and the opportunity to play with a semi-professional team, which helped her develop and grow stronger as a player.

Joseline is now playing football for Shaw University in the US, who recently won the Independence Championship and became USCAA National Champions.

## Want to find out more?

Don't hesitate to contact our friendly team if you have any questions about the programme. We'd love to talk to you about your career ambitions.

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