

Stepping Forward: Professional Cookery

What do we know Quiz?

BISHOP BURTON
College



Allergens.....What do we know!?

Name:

Date:

Q1

- Are food allergies the same as a food intolerance?
- YES/NO

Q2

- Explain the difference between an allergy and an intolerance.

Q3

- As a food seller, do you have to have information on food allergies available to your customer?
- YES/NO

Q4

- 4. State the symptoms of an **Allergic** reaction
- A
- B
- C
- D

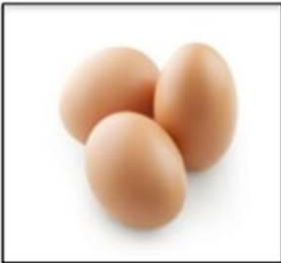
Q5

- 5. Should you phone the emergency services if a person in your establishment shows signs of an allergic reaction?
- YES/NO

Q6

- Can you name these 8 allergies?

The Big Eight: Most Common Food Allergies



Q6 continued

- 1-
- 2-
- 3-
- 4-
- 5-
- 6-
- 7-
- 8-

Please send your findings to;

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