

T Level in Health (Supporting Adult Nursing)



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Subject	Level	Study Mode	Duration	Start Date
Health and Social Care	Level 3	Full-Time	2 years	September 2026

Practical vs Theory



The Course

Are you looking to launch a career within the health and care sectors? This T Level in Health will give you knowledge and skills you need. It offers the perfect blend of theoretical study and hands-on work experience, with the opportunity to work on the frontline of the NHS and with local health and social care facilities and providers. We work closely with both the NHS and local social care providers in giving students valuable industry experience. T Levels have been developed in collaboration with employers to meet industry needs. They are a Level 3 qualification equivalent to 3 A Levels and offer you a balance of classroom theory, practical learning and a hands-on industry placement. You will spend 80% of your time in the classroom and the other 20% in the workplace. T Levels also carry UCAS points to take you on to university.

Course Aims

> To give you the knowledge and skills needed to progress into skilled employment or higher level technical training relevant to the T Level.

What You Will Study

- > Working within the health and science sector
- > The healthcare sector
- > Health, safety and environmental regulations in the health and science sector
- > Health and safety regulations applicable in the healthcare sector
- > Managing information and data within the healthcare sector
- > Managing personal information
- > Good scientific and clinical practice
- > Providing person-centred care
- > Health and wellbeing
- > Infection prevention and control in health specific settings
- > Safeguarding
- > Core and further science concepts
- > Core skills
- > Supporting the adult nursing team

Entry Requirements

4 GCSEs at grade 4 or above, including English, Maths and Science. A satisfactory reference and clear Disclosure and Barring Service (DBS) check are also required

Teaching and Learning Approach

You will learn through a mixture of theory and practical work, guest speakers and relevant visits.

Time Required on Campus

You will normally be in college three days per week and one to two days in work placement.

Work Experience

You will undertake 315 hours of industry placement over the duration of the two-year course, which must be in a relevant health or social care setting, to enable you to gain the skills and experience needed.

How You're Assessed

You will be assessed through exams, practical assessments and controlled assignments.

Progression

You will be able to progress onto a relevant degree-level course or an apprenticeship.

Careers

Once you have achieved this qualification, you could progress to a range of roles in the health sector, including jobs such as: Nursing, Paramedic, Midwife, Operating Department Practitioner (ODP), Healthcare assistant