

Level 3 in Health and Social Care



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Subject	Level	Study Mode	Duration	Start Date
Health and Social Care	Level 3	Full-Time	2 years	September 2026

Practical vs Theory



The Course

Are you looking to pursue a career in nursing, care, residential, youth, social or community work? If so, this work-related qualification is an ideal choice. You will develop an impressive knowledge base across a wide range of care environments and put theory into practice on work placements.

Course Aims

- > To provide you with in depth study of the Health and Social Care sector.
- > Support you in progressing to degree level study.

What You Will Study

Year 1

- > Human Lifespan
- > Working in Health and Social Care
- > Meeting Individual Care and Support Needs
- > Physiological Disorders and their Care
- > Principles of Safe Practice
- > Supporting individuals with different needs

Year 2

- > Anatomy and Physiology in Health and Social Care
- > Enquiries into Current Research
- > Work Experience
- > Promoting Public Health
- > Sociological Perspectives
- > Mental Wellbeing
- > Infection Prevention and Control

Entry Requirements

You will need four GCSEs at grade 4 or C or equivalent, including English and Maths, or a relevant BTEC Level 2 / First Diploma with a Merit grade. One satisfactory reference and a clear Disclosure and Barring Service (DBS) check are also required.

Teaching and Learning Approach

You will learn from a mix of theory and practical sessions, enhanced by guest speakers and relevant visits.

Time Required on Campus

You will normally be in college three days a week.

Work Experience

You will undertake 100 hours of work experience in a health care setting. Placements include both health and social care environments.

How You're Assessed

You will be assessed through assignments and external exams.

Progression

Following successful completion of this course you will be able to progress to study at degree level, onto an apprenticeship or into work.

Careers

A huge range of opportunities are available, including in healthcare, social work, counselling and many others. This qualification also provides the opportunity to enter the profession at a more senior level.