

Level 1 Introductory Vocational Studies (Sport) (Tigers Trust Course)



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Subject	Level	Study Mode	Duration	Start Date
-	Level 1	Full-Time	One year	September 2025

The Course

This programme is a great way to gain an understanding of key topics in Sport and improve your English and maths skills. You will study a range of practical and academic topics; all the vocational delivery will be done at Tigers Trust Arena. This course is delivered two days at Tigers Trust and one day at Bishop Burton College.

What You Will Study

- > Taking Part in Fitness Testing
- > Playing Sports
- > Keeping active and Healthy
- > Developing a Personal Progression Plan
- > Employability Skills
- > English and maths

Entry Requirements

Three GCSEs at grade 2, including Maths and English.